



GROUNDBREAKERS



@bvgroundbreakers

www.bvgroundbreakers.ca

Summer 2021

LOCAL FOOD OPPORTUNITIES

Did you miss the market on Saturday? Here are all the places you can stock up with fresh, local greens... even on a Wednesday:

- **Nature's Pantry** carries produce grown right next door, by the **Grendel Group's** GRENDELGrow program. Restocked each Wednesday.
- **Bulkley Valley Wholesale** carries a variety of produce from **Hugs Organics** and **Small Potatoes Farm** all week long.
- **Out of Hand** carries pea shoots and greens from **Small Potatoes Farm**!
- **ReJar** is joining the ranks of the other great shops in town that carry free-range eggs (ReJar sources from **6s Farm**) and weekly bread deliveries from **Rustica**!
- **COOK** up some delicious grub from our KIDS DIG FOOD Cookbook. Find the 2020 print version at Out of Hand, or download the early version from our [website's resource page](#).
- **FARM** alongside our Youth On Farms workers this summer by staying tuned to [our FB Page](#).

ABOUT GROUNDBREAKERS

If you like yummy food that comes from your own neighbourhood, Groundbreakers is the right place for you to keep a pulse on the local food movement, or get super involved - whatever you prefer.

Groundbreakers Agriculture Association is a non-profit charitable organization focused on local food and gardening education, since 2012.

We believe in building strong, healthy communities through supporting the Bulkley Valley local food economy and teaching citizens, young and old, about the benefits of local food and how to grow their own.

PRODUCER SPOTLIGHT

LIVING ROOTS FAMILY FARM

Rob and Ellana Zoller have another busy berry season ahead of them. "We are growing four varieties of haskap berries with no chemicals or sprays - just great, organic goodness!" Living Roots offers some u-pick times, and encourages local community to come and enjoy the beauty of the berry patch. **FIND THEM** on Instagram and FB, at the BV Farmer's Market, or at 250.643.4232

SUMMERTIME SCAVENGER HUNT!

Kids will love this just-for-fun mini-adventure through their local neighbourhood.
Post your scavenger hunt photo results on facebook, and tag us at @BVgroundbreakers!



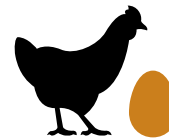
A VEGETABLE
GARDEN



A BUTTERFLY



A WHEELBARROW



A CHICKEN
(OR AN EGG)



A YELLOW
FLOWER




A STRAWBERRY
PATCH



A BEE



GARDENING
TOOLS



Announcing The...

GROUNDBREAKERS GOOD FOOD TOOL LIBRARY!

Pressure canner
Dehydrator
Water bath canner
Cabbage slicer
fermenting crock
and more...

Visit our [tool library page](#) to reserve today!



SCHOOL GARDEN UPDATE

TELKWA: We've been cleaning up the herb garden - kids are always curious about what they can sample there, and really like some things! We can't keep them out of the chives - they even eat them for breakfast. We also discovered a bumblebee nest in the hügelkultur garden that we built - we believe it was a brown-belted bumble. It was one of the kids who noticed it - very exciting to find, and now we are being careful not to disturb it!

HEARTWOOD: Our garden at Ranger Park, while small, will be filled with a ton of root vegetables, greens and flowers this summer! K-3 students have enjoyed learning about decomposition, soil nutrients and how deep to plant seeds.

MUHEIM: The Muheim garden is filling up with lots of greens, seeded in anticipation for Salad Day in June, as well as root veggies and squash transplants that will be enjoyed in the fall. Students have had fun getting their hands dirty learning about seeds, soil, and of course, finding lots of worms and other decomposers!

WALNUT PARK: From pea shoots and micro greens in the classroom to lettuce thinnings, chives, and mint in the garden, students at Walnut Park are enjoying tasting their way into spring growing. The salad greens are on track for a Salad Day just before school is out and we are wondering what will be made with all that rhubarb! Next big question is if, how and when we can move the garden over to the new school grounds for some 2022 gardening...